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Level 6 – 15th May, 2019

Doctors give better care in the morning

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<https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

The quality of medical care you receive from doctors could depend on the time of the day you visit a hospital or clinic. A study from the University of Pennsylvania in the USA discovered a significant difference in the decision-making of physicians at different times of the day. The study concluded that a patient's chances of getting screened for cancer were a lot higher in the morning than they were in the late afternoon. Researchers investigated the numbers of women assigned to breast cancer screening throughout the day. They found that in the hour following 8am, doctors ordered screenings for 64 per cent of women who were eligible for tests. This figure dropped to 48 per cent at 5pm.

The researchers said the progressive reduction in assigned screenings as the day progressed could be due to "decision fatigue". This is a kind of mental burn-out that interrupts a person's ability to effectively make decisions the longer they work. Dr. Mitesh Patel said: "Our new study adds to the growing evidence that the time of the day and decision fatigue impacts patient care." Researcher Esther Hsiang agreed, saying: "We believe that the downward trend of ordering screenings may be the result of decision fatigue, where people may be less inclined to consider a new decision after they've been making them all day. It may also stem from overloaded clinicians getting behind as the day progresses."

Sources: <https://medicalxpress.com/news/2019-05-cancer-screening-decline-patients-doctors.html>
<https://www.marketwatch.com/story/why-it-matters-what-time-of-day-you-visit-the-doctor-2019-05-10>
<https://www.mirror.co.uk/news/uk-news/overworked-doctors-administer-fewer-life-15026848>

WARM-UPS

1. DOCTORS: Students walk around the class and talk to other students about doctors. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

quality / medical care / doctors / difference / patient / cancer / screenings / figure / decision / fatigue / burn-out / evidence / impacts / trend / clinicians / progress

Have a chat about the topics you liked. Change topics and partners frequently.

3. LIMIT: Students A **strongly** believe there should be a limit of six hours a day for doctors to work; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. DECISIONS: What are the hardest decisions you have to make about these things, and why? Complete this table with your partner(s). Change partners often and share what you wrote.

	Hardest Decisions	Why?
Food		
Exercise		
Studying		
Money		
Friends		
Hobbies		

5. CARE: Spend one minute writing down all of the different words you associate with the word "care". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. FATIGUE: Rank these with your partner. Put the most tiring things at the top. Change partners often and share your rankings.

- studying
- exercise
- housework
- boredom
- shopping
- relationships
- smartphone use
- reading

VOCABULARY MATCHING

Paragraph 1

- | | |
|-----------------|---|
| 1. depend on | a. From beginning to end of (an event or period of time). |
| 2. physician | b. Carried out a systematic or formal inquiry to discover and examine the facts. |
| 3. investigated | c. A person qualified to practice medicine - usually a doctor. |
| 4. assigned | d. A number, especially one which forms part of official statistics. |
| 5. throughout | e. Be controlled or decided by someone or something else. |
| 6. eligible | f. Selected or set something for a specific purpose. |
| 7. figure | g. Having the right to do or obtain something; satisfying the appropriate conditions to do or have something. |

Paragraph 2

- | | |
|----------------|--|
| 8. progressive | h. The available body of facts or information indicating whether a belief or proposition is true or valid. |
| 9. reduction | i. Felt willing or favorably disposed toward an action, belief, or attitude. |
| 10. interrupts | j. A general direction in which something is developing or changing; a fashion. |
| 11. evidence | k. The action or fact of making a specified thing smaller or less in amount, degree, or size. |
| 12. trend | l. Originate in or be caused by. |
| 13. inclined | m. Happening or developing gradually or in stages; proceeding step by step. |
| 14. stem | n. Stops the continuous progress of (an activity or process). |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. The time of the day could determine the quality of medical care. **T / F**
- b. People have a better chance of getting a cancer screening after lunch. **T / F**
- c. Researchers looked at numbers of women being screened for cancer. **T / F**
- d. Doctors decided to send fewer than 50% of women for tests after 5pm. **T / F**
- e. The article said decision fatigue is a form of physical burn-out. **T / F**
- f. A researcher said there is little research on decision fatigue. **T / F**
- g. A researcher said people make the same decisions all day. **T / F**
- h. A researcher suggested doctors are overloaded with work. **T / F**

2. SYNONYM MATCH:

Match the following synonyms. The words in **bold** are from the news article.

- | | |
|-----------------------|-----------------|
| 1. quality | a. gradual |
| 2. depend | b. possibility |
| 3. significant | c. swing |
| 4. chances | d. checking |
| 5. screening | e. hinge |
| 6. progressive | f. predisposed |
| 7. evidence | g. be caused by |
| 8. trend | h. standard |
| 9. inclined | i. proof |
| 10. stem from | j. important |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--------------------------------------|------------------------|
| 1. The quality of medical | a. for tests |
| 2. depend on | b. evidence |
| 3. discovered a significant | c. cancer screening |
| 4. breast | d. progressed |
| 5. women who were eligible | e. inclined |
| 6. as the day | f. the time of the day |
| 7. This is a kind of mental | g. clinicians |
| 8. Our new study adds to the growing | h. difference |
| 9. people may be less | i. burn-out |
| 10. It may also stem from overloaded | j. care you receive |

GAP FILL

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

The quality of medical (1) _____ you receive from doctors could depend on the time of the day you visit a hospital or (2) _____. A study from the University of Pennsylvania in the USA discovered a (3) _____ difference in the decision-making of physicians at different times of the day. The study concluded that a patient's (4) _____ of getting screened for cancer were a lot higher in the morning than they were in the (5) _____ afternoon. Researchers investigated the numbers of women assigned to breast cancer (6) _____ throughout the day. They found that in the hour (7) _____ 8am, doctors ordered screenings for 64 per cent of women who were eligible for tests. This (8) _____ dropped to 48 per cent at 5pm.

chances
clinic
following
late
figure
care
significant
screening

The researchers said the progressive (9) _____ in assigned screenings as the day progressed could be (10) _____ to "decision fatigue". This is a kind of mental burn-out that interrupts a person's (11) _____ to effectively make decisions the longer they work. Dr. Mitesh Patel said: "Our new study adds to the growing (12) _____ that the time of the day and decision fatigue impacts patient care." Researcher Esther Hsiang agreed, saying: "We believe that the downward (13) _____ of ordering screenings may be the result of decision fatigue, where people may be (14) _____ inclined to consider a new decision after they've been making them all day. It may also (15) _____ from overloaded clinicians getting behind as the day (16) _____."

evidence
less
due
progresses
reduction
stem
ability
trend

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

- 1) The quality of medical care you receive from doctors could _____ time
 - a. depends on the
 - b. dependence on the
 - c. depend on the
 - d. depending on the
- 2) a significant difference in the decision-making of physicians _____
 - a. at difference times
 - b. at different time
 - c. at different times
 - d. at differential time
- 3) a lot higher in the morning than they were in _____
 - a. the late afternoon
 - b. the lately afternoon
 - c. the lates afternoon
 - d. the latte afternoon
- 4) the numbers of women assigned to breast cancer screening _____
 - a. thorough out the day
 - b. through out a day
 - c. thoroughly out the day
 - d. throughout the day
- 5) doctors ordered screenings for 64 per cent of women who were _____ tests
 - a. eligible four
 - b. eligible for
 - c. eligible from
 - d. eligible of
- 6) researchers said the progressive reduction in assigned screenings as _____
 - a. the date progressed
 - b. the daily progressed
 - c. the day progressed
 - d. the day off progressed
- 7) a kind of mental burn-out that interrupts a person's ability to effectively _____
 - a. have decision
 - b. make decisions
 - c. think decision
 - d. do decisions
- 8) Dr. Mitesh Patel said: "Our new study adds to the _____."
 - a. grown evidence
 - b. growth evidence
 - c. growing evidence
 - d. grow in evidence
- 9) the downward trend of ordering screenings may be the _____ decision fatigue
 - a. resulting of
 - b. result of
 - c. resultant of
 - d. resulted of
- 10) It may also stem from overloaded clinicians getting behind as _____
 - a. the day progress
 - b. the day progression
 - c. the day progress is
 - d. the day progresses

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

The quality of medical care you receive from doctors (1) _____ the time of the day you visit a hospital or clinic. A study from the University of Pennsylvania in the USA (2) _____ difference in the decision-making of physicians at different times of the day. The study concluded that (3) _____ of getting screened for cancer were a lot higher in the morning than they were in (4) _____. Researchers investigated the numbers of women assigned to breast cancer screening (5) _____. They found that in the hour following 8am, doctors ordered screenings for 64 per cent of women who were eligible for tests. This (6) _____ 48 per cent at 5pm.

The researchers said the progressive reduction (7) _____ as the day progressed could be due to "decision fatigue". This is a kind of mental burn-out (8) _____ person's ability to effectively make decisions the longer they work. Dr. Mitesh Patel said: "Our new study adds to the (9) _____ the time of the day and decision fatigue impacts patient care." Researcher Esther Hsiang agreed, saying: "We believe that the (10) _____ ordering screenings may be the result of decision fatigue, where people may be (11) _____ consider a new decision after they've been making them all day. It may also stem from overloaded clinicians getting behind as (12) _____."

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

1. What depends on the time of the day you visit a hospital or clinic?
2. What university conducted the study?
3. When were chances of getting screened for cancer lower?
4. When were 64% of women were assigned breast cancer screenings?
5. What percentage of women were sent for cancer screenings at 5pm?
6. What did researchers say reduced the number of cancer screenings?
7. What did the article say decision fatigue was a form of?
8. Who is Mitesh Patel?
9. What are people less inclined to do after doing the same thing all day?
10. Who did a researcher say was overloaded?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

- 1) What depends on the time of the day you visit a hospital or clinic?
 - a) whether or not an MRI scanner is on
 - b) the quality of medical care
 - c) transport
 - d) the chances of getting a virus
- 2) What university conducted the study?
 - a) Philadelphia
 - b) Pittsburgh
 - c) Pennsylvania
 - d) Phoenix
- 3) When were chances of getting screened for cancer lower?
 - a) 2:30pm
 - b) early morning
 - c) around lunchtime
 - d) in the late afternoon
- 4) When were 64% of women were assigned breast cancer screenings?
 - a) 9:30am
 - b) in the hour following 8am
 - c) the hour before lunchtime
 - d) at lunchtime
- 5) What percentage of women were sent for cancer screenings at 5pm?
 - a) at 5pm
 - b) at 6pm
 - c) at 7pm
 - d) at 4pm
- 6) What did researchers say reduced the number of cancer screenings?
 - a) decision fatigue
 - b) costs
 - c) the number of doctors
 - d) too little time
- 7) What did the article say decision fatigue was a form of?
 - a) thought control
 - b) a mental health issue
 - c) mind control
 - d) mental burn-out
- 8) Who is Mitesh Patel?
 - a) a hospital CEO
 - b) a patient
 - c) a doctor and researcher
 - d) a journalist
- 9) What are people less inclined to do after doing the same thing all day?
 - a) the same thing
 - b) go home
 - c) take a break
 - d) make decisions
- 10) Who did a researcher say was overloaded?
 - a) researchers
 - b) clinicians
 - c) patients
 - d) scanner operators

ROLE PLAY

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

Role A – Studying

You think studying is the most tiring thing. Tell the others three reasons why. Tell them why their things aren't so tiring. Also, tell the others which is the least tiring of these (and why): exercise, boredom or shopping.

Role B – Exercise

You think exercise is the most tiring thing. Tell the others three reasons why. Tell them why their things aren't so tiring. Also, tell the others which is the least tiring of these (and why): studying, boredom or shopping.

Role C – Boredom

You think boredom is the most tiring thing. Tell the others three reasons why. Tell them why their things aren't so tiring. Also, tell the others which is the least tiring of these (and why): exercise, studying or shopping.

Role D – Shopping

You think shopping is the most tiring thing. Tell the others three reasons why. Tell them why their things aren't so tiring. Also, tell the others which is the least tiring of these (and why): exercise, boredom or studying.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'decision' and 'fatigue'.

decision	fatigue

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• quality• difference• chances• numbers• 64• 5	<ul style="list-style-type: none">• due• mental• adds• trend• less• stem
---	---

DECISION FATIGUE SURVEY

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

Write five GOOD questions about decision fatigue in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

DECISION FATIGUE DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'decision'?
3. How does fatigue affect your life?
4. How is the medical care where you live?
5. Are you always satisfied when you see a doctor?
6. What do you think of your decision-making abilities?
7. What's the worst decision you've ever made?
8. How is your brain at different times of the day?
9. How can we make sure doctors are always alert?
10. What advice do you have for doctors who have decision fatigue?

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DECISION FATIGUE DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'fatigue'?
13. What do you think about what you read?
14. What is the most fatigued you've ever been?
15. Do you always make the right decision?
16. How often do you feel burn-out?
17. What can we do to reduce the effects of decision fatigue?
18. What big decisions have you made recently?
19. Will you now avoid going to the doctor in the afternoon?
20. What questions would you like to ask a busy doctor?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

The quality of medical care you receive from doctors could depend (1) _____ the time of the day you (2) _____ a hospital or clinic. A study from the University of Pennsylvania in the USA discovered a significant difference (3) _____ the decision-making of physicians at different times of the day. The study concluded that a patient's chances of getting screened for cancer were a lot higher in the morning than they were in the (4) _____ afternoon. Researchers investigated the numbers of women assigned to breast cancer screening (5) _____ the day. They found that in the hour following 8am, doctors ordered screenings for 64 per cent of women who were eligible for tests. This (6) _____ dropped to 48 per cent at 5pm.

The researchers said the progressive reduction in (7) _____ screenings as the day progressed could be due to "decision fatigue". This is a kind of (8) _____ burn-out that interrupts a person's ability to effectively make decisions the longer they work. Dr. Mitesh Patel said: "Our new study (9) _____ to the growing evidence that the time of the day and decision fatigue impacts patient care." Researcher Esther Hsiang agreed, saying: "We believe that the downward (10) _____ of ordering screenings may be the result of decision fatigue, where people may be (11) _____ inclined to consider a new decision after they've been making them all day. It may also (12) _____ from overloaded clinicians getting behind as the day progresses."

Put the correct words from the table below in the above article.

- | | | | | |
|-----|---------------|-----------------|----------------|---------------|
| 1. | (a) in | (b) on | (c) at | (d) of |
| 2. | (a) pop | (b) visit | (c) stay | (d) drop |
| 3. | (a) of | (b) on | (c) at | (d) in |
| 4. | (a) lately | (b) late | (c) latter | (d) lates |
| 5. | (a) thorough | (b) throughout | (c) though | (d) trough |
| 6. | (a) numeral | (b) digit | (c) figure | (d) statistic |
| 7. | (a) resigned | (b) signed | (c) assigned | (d) consigned |
| 8. | (a) metal | (b) meddle | (c) mental | (d) mantle |
| 9. | (a) additions | (b) pluses | (c) multiplies | (d) adds |
| 10. | (a) trending | (b) trendsetter | (c) trendy | (d) trend |
| 11. | (a) less | (b) smaller | (c) fewer | (d) lower |
| 12. | (a) seed | (b) root | (c) petal | (d) stem |

SPELLING

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

Paragraph 1

1. The uyqtila of medical care you receive
2. discovered a isitngfacin difference
3. getting cenrdsee for cancer
4. Researchers insvedigetat the numbers
5. women who were gileibel for tests
6. This fugier dropped to 48 per cent

Paragraph 2

7. the progressive doctirnie
8. tneprristu a person's ability
9. eifteleycfv make decisions
10. adds to the growing necvedei
11. people may be less nlicdine
12. overloaded nsinacliic

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

Number these lines in the correct order.

- () difference in the decision-making of physicians at different times of the day. The study concluded that a patient's
- () day. It may also stem from overloaded clinicians getting behind as the day progresses."
- () decisions the longer they work. Dr. Mitesh Patel said: "Our new study adds to the growing
- () of women who were eligible for tests. This figure dropped to 48 per cent at 5pm.
- () The researchers said the progressive reduction in assigned screenings as the day progressed could be due
- () evidence that the time of the day and decision fatigue impacts patient care." Researcher Esther Hsiang agreed, saying: "We
- () chances of getting screened for cancer were a lot higher in the morning than they were in the late
- () the day. They found that in the hour following 8am, doctors ordered screenings for 64 per cent
- () or clinic. A study from the University of Pennsylvania in the USA discovered a significant
- () afternoon. Researchers investigated the numbers of women assigned to breast cancer screening throughout
- (**1**) The quality of medical care you receive from doctors could depend on the time of the day you visit a hospital
- () believe that the downward trend of ordering screenings may be the result of decision
- () to "decision fatigue". This is a kind of mental burn-out that interrupts a person's ability to effectively make
- () fatigue, where people may be less inclined to consider a new decision after they've been making them all

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

1. quality care receive . medical you of The
2. depend on the the time of day . Could
3. patient's chances cancer . A for getting of screened
4. assigned screening . to women of Numbers breast cancer
5. of screenings ordered 64% for women . Doctors
6. make ability a effectively person's decisions . Interrupts to
7. evidence . the study Our new growing adds to
8. may fatigue . result of decision the Screenings be
9. consider less inclined new a Be decision . to
10. overloaded It from may stem also clinicians .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

The quality of *medical / medic* care you receive from doctors could *dependence / depend* on the time of the day you visit a hospital or clinic. A study from the University of Pennsylvania in the USA discovered a *significance / significant* difference in the decision-making of physicians at different times *for / of* the day. The study concluded *that / what* a patient's chances of getting screened for cancer were a lot *heighten / higher* in the morning than they were in the *late / lately* afternoon. Researchers investigated the numbers of women *assigns / assigned* to breast cancer screening throughout the day. They found that in the hour *following / followed* 8am, doctors ordered screenings for 64 per cent of women who were eligible for tests. This figure *dropped / drooped* to 48 per cent at 5pm.

The researchers said the *programme / progressive* reduction in assigned screenings as the day progressed could be *due / as* to "decision fatigue". This is a kind of *mentally / mental* burn-out that interrupts a person's ability to effectively make *decision / decisions* the longer they work. Dr. Mitesh Patel said: "Our new study adds to the *growing / growth* evidence that the time of the day and decision fatigue impacts *patience / patient* care." Researcher Esther Hsiang agreed, saying: "We believe that the downward *spiral / trend* of ordering screenings may be the *result / because* of decision fatigue, where people may be *less / few* inclined to consider a new decision after they've been making them all day. It may also stem from overloaded clinicians getting behind as the day *regresses / progresses*."

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

Th_ q__ l_t y _f m_d_c_l c_r_ y__ r_c__ v_ fr_m
d_c_t_r_s c__ l_d d_p_n_d _n th_ t_m_ f th_ d_y
y__ v_s_t _ h_s p_t_l _r c_l_n_c. A s_t_d_y fr_m
th_ U_n_v_r_s_t_y _f P_n_n_s_y_l_v_n__ _n th_ U_S_A
d_s_c_v_r_d _ s_g_n_f_c_n_t d_f_f_r_n_c_ _n th_
d_c_s__ n - m_k_n_g _f p_h_y_s_c__ n_s _t d_f_f_r_n_t
t_m_s _f th_ d_y. Th_ s_t_d_y c_n_c_l_d_d th_t _
p_t__ n_t 's c_h_n_c_s _f g_t_t_n_g s_c_r__ n_d fr
c_n_c_r w_r__ l_t h_g_h_r _n th_ m_r_n_n_g th_n
th_y w_r__ _n th_ l_t_ f_t_r_n__ n. R_s__ r_c_h_r_s
_n v_s_t_g_t_d th_ n_m_b_r_s _f w_m_n _s_s_g_n_d t_
b_r__ s_t c_n_c_r s_c_r__ n_n_g th_r__ g_h__ t th_
d_y. Th_y f__ n_d th_t _n th_ h__ r_f_l_l_w_n_g
8_m, d_c_t_r_s _r_d_r_d s_c_r__ n_n_g_s fr 64 p_r
c_n_t _f w_m_n w_h_ w_r__ l_g_b_l_ fr t_s_t_s. T
h_s f_g_r_ d_r_p_p_d t_ 48 p_r c_n_t _t 5 p_m.

Th_ r_s__ r_c_h_r_s s__ d th_ p_r_g_r_s_s_v_ r_d_c_t__
n _n _s_s_g_n_d s_c_r__ n_n_g_s _s th_ d_y p_r_g_r_s
s_d c__ l_d b_ d__ t_ "d_c_s__ n_f_t_g__". Th_s
_s _k_n_d _f m_n_t_l b_r_n_-_t th_t _n_t_r_r_p_t_s
_p_r_s_n 's _b_l_t_y t_ f_f_c_t_v_l_y m_k_ d_c_s__ n
s th_ l_n_g_r th_y w_r_k. Dr. M_t_s_h P_t_l
s__ d: "O_r n_w s_t_d_y _d_d_s t_ th_ g_r_w_n_g
_v_d_n_c_ th_t th_ t_m_ f th_ d_y _n_d d_c_s__ n
f_t_g__ _m_p_c_t_s p_t__ n_t c_r_." R_s__ r_c_h_r E_s
t_h_r H_s__ n_g _g_r__ d, s_y_n_g: "W_ b_l__ v_ t
h_t th_ d_w_n_w_r_d t_r_n_d _f _r_d_r_n_g s_c_r__ n_n
g_s m_y b_ th_ r_s_l_t _f d_c_s__ n_f_t_g__, w
h_r_ p__ p_l_ m_y b_ l_s_s _n_c_l_n_d t_ c_n_s_d_r _
n_w d_c_s__ n _f_t_r th_y 'v_ b__ n m_k_n_g th_m
_l_l d_y. It m_y _l_s_ s_t_m fr_m _v_r_l__ d_d c
l_n_c__ n_s g_t_t_n_g b_h_n_d _s th_ d_y p_r_g_r_s
s_s."

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

the quality of medical care you receive from doctors could depend on the time of the day you visit a hospital or clinic a study from the university of pennsylvania in the usa discovered a significant difference in the decisionmaking of physicians at different times of the day the study concluded that a patients chances of getting screened for cancer were a lot higher in the morning than they were in the late afternoon researchers investigated the numbers of women assigned to breast cancer screening throughout the day they found that in the hour following 8am doctors ordered screenings for 64 per cent of women who were eligible for tests this figure dropped to 48 per cent at 5pm

the researchers said the progressive reduction in assigned screenings as the day progressed could be due to decision fatigue this is a kind of mental burnout that interrupts a persons ability to effectively make decisions the longer they work dr mitesh patel said our new study adds to the growing evidence that the time of the day and decision fatigue impacts patient care researcher esther hsiang agreed saying we believe that the downward trend of ordering screenings may be the result of decision fatigue where people may be less inclined to consider a new decision after theyve been making them all day it may also stem from overloaded clinicians getting behind as the day progresses"

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue.html>

The quality of medical care you receive from doctors could depend on the time of the day you visit a hospital or clinic. A study from the University of Pennsylvania in the USA discovered a significant difference in the decision-making of physicians at different times of the day. The study concluded that a patient's chances of getting screened for cancer were a lot higher in the morning than they were in the late afternoon. Researchers investigated the numbers of women assigned to breast cancer screening throughout the day. They found that in the hour following 8am, doctors ordered screenings for 64 percent of women who were eligible for tests. This figure dropped to 48 percent at 5pm. The researchers said the progressive reduction in assigned screenings as the day progressed could be due to "decision fatigue". This is a kind of mental burn-out that interrupts a person's ability to effectively make decisions the longer they work. Dr. Mitesh Patel said: "Our new study adds to the growing evidence that the time of the day and decision fatigue impact patient care." Researcher Esther Hsiang agreed, saying: "We believe that the downward trend of ordering screenings may be the result of decision fatigue, where people may be less inclined to consider a new decision after they've been making them all day. It may also stem from overloaded clinicians getting behind as the day progresses."

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. DECISION FATIGUE: Make a poster about decision fatigue. Show your work to your classmates in the next lesson. Did you all have similar things?

4. REST BREAKS: Write a magazine article about all workers getting much longer rest breaks. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on decision fatigue. Ask him/her three questions about it. Give him/her three of your opinions on decision fatigue. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. e 2. c 3. b 4. f 5. a 6. g 7. d
8. m 9. k 10. n 11. h 12. j 13. i 14. l

TRUE / FALSE (p.5)

- a T b F c T d T e F f F g F h T

SYNONYM MATCH (p.5)

- | | |
|----------------|-----------------|
| 1. quality | a. standard |
| 2. depend | b. hinge |
| 3. significant | c. important |
| 4. chances | d. possibility |
| 5. screening | e. checking |
| 6. progressive | f. gradual |
| 7. evidence | g. proof |
| 8. trend | h. swing |
| 9. inclined | i. predisposed |
| 10. stem from | j. be caused by |

COMPREHENSION QUESTIONS (p.9)

1. The quality of medical care
2. Pennsylvania
3. In the late afternoon
4. In the hour following 8am
5. At 5pm
6. Decision fatigue
7. Mental burn out
8. A doctor and researcher
9. Make decisions
10. Clinicians

WORDS IN THE RIGHT ORDER (p.20)

1. The quality of medical care you receive.
2. Could depend on the time of the day.
3. A patient's chances of getting screened for cancer.
4. Numbers of women assigned to breast cancer screening.
5. Doctors ordered screenings for 64% of women.
6. Interrupts a person's ability to effectively make decisions.
7. Our new study adds to the growing evidence.
8. Screenings may be the result of decision fatigue.
9. Be less inclined to consider a new decision.
10. It may also stem from overloaded clinicians.

MULTIPLE CHOICE - QUIZ (p.10)

1. b 2. c 3. d 4. b 5. a 6. a 7. d 8. c 9. d 10. b

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)