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**Level 3 – 28th October, 2018**

## Canada doctors using art to treat patients

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<https://breakingnewsenglish.com/1810/181028-art-therapy.html>

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**Please try Levels 0, 1 and 2 (they are easier).**

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# THE ARTICLE

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

The Montreal Museum of Fine Arts in Canada has teamed up with a group of doctors to help sick people. The doctors will prescribe visits to Montreal's art galleries, instead of giving them medicine. The museum is currently taking part in 10 trials on patients to find out what effect art has on health. The patients include people with breast cancer, eating disorders, epilepsy and mental health problems. Thomas Bastien, director of education and wellness at the museum, believes that art heals. He said: "We saw that the museum was good for people, so we decided to start this program with the doctors. If you're suffering from breast cancer, you could come to the museum and you might feel better."

A doctor who has a lot of experience in helping to heal people with art spoke about the benefits of art therapy. Dr H el ene Boyer said: "There's more and more scientific proof that art therapy is good for your physical health." She said looking at art increases hormones released in our bodies. These hormones are responsible for our well-being. Dr Boyer said visiting art galleries released the same kinds of hormones that are released when we exercise. Nathalie Bondil, the museum's director-general, said physical activity and art gave similar health benefits. She said: "I am convinced that in the 21st century, [art] will be what physical activity was for health in the 20th century."

Sources: <https://www.bbc.com/news/world-us-canada-45972348>  
<https://www.lonelyplanet.com/news/2018/10/25/montreal-museum-of-fine-arts-prescription/>  
<https://montrealgazette.com/news/local-news/doctors-can-soon-prescribe-visits-to-montreal-museum-of-fine-arts>

# WARM-UPS

**1. ART:** Students walk around the class and talk to other students about art. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

fine arts / doctors / sick people / doctors / medicine / health / education / cancer  
experience / heal / benefits / proof / well-being / hormones / exercise / 20th century

Have a chat about the topics you liked. Change topics and partners frequently.

**3. ART THERAPY:** Students A **strongly** believe art therapy is better than medicine; Students B **strongly** believe it isn't. Change partners again and talk about your conversations.

**4. THERAPY:** How good are these kinds of therapies? Complete this table with your partner(s). Change partners often and share what you wrote.

	Good	Bad
Art		
Water		
Forest		
Chocolate		
Psychiatric		
Shock		

**5. DOCTOR:** Spend one minute writing down all of the different words you associate with the word "doctor". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

**6. PHYSICAL ACTIVITY:** Rank these with your partner. Put the best kinds of physical activity at the top. Change partners often and share your rankings.

- jogging
- gardening
- swimming
- hiking
- housework
- weight training
- shopping
- walking up stairs

# VOCABULARY MATCHING

## Paragraph 1

- |                   |   |
|-------------------|---|
| 1. teamed up with | a. As another (different) thing to use or have; substitute; alternative.                |
| 2. prescribe      | b. Experiencing something bad or unpleasant.  |
| 3. instead of     | c. Join with other people and work together to reach a goal.                            |
| 4. trials         | d. Recommend a medicine or action that will be good for someone.                        |
| 5. disorders      | e. A test of the performance, quality, or suitability of someone or something.          |
| 6. suffering      | f. A disease or sickness.   |
| 7. cancer         | g. A disease that can kill you, caused by bad and abnormal cells in a part of the body. |

## Paragraph 2

- |                |   |
|----------------|---|
| 8. heal        | h. Good mental and physical health.   |
| 9. benefits    | i. Make someone better after a sickness or injury.                              |
| 10. proof      | j. Things in our blood that change the way we feel and behave.                  |
| 11. hormones   | k. Allowed something to move, act, or flow freely.                              |
| 12. well-being | l. An advantage or profit you get from something.                               |
| 13. released   | m. Totally sure and certain about something.                                    |
| 14. convinced  | n. Something that helps to show that a fact or other thing is true or happened. |

# BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

**1. TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

- a. The museum in the article is in Toronto. **T / F**
- b. Doctors will prescribe visits to art galleries to collect medicine. **T / F**
- c. All of the people in trials are mental health patients. **T / F**
- d. A museum director believes art therapy might make people feel better. **T / F**
- e. A doctor said there was no scientific proof that art therapy worked. **T / F**
- f. A doctor said looking at art increased hormone levels in our body. **T / F**
- g. A director-general said looking at art and physical activity were similar. **T / F**
- h. Art this century will be like physical activity was in the past century. **T / F**

**2. SYNONYM MATCH:** (The words in **bold** are from the news article.)

- |                       |                  |
|-----------------------|------------------|
| <b>1. teamed up</b>   | a. cures         |
| <b>2. taking part</b> | b. merits        |
| <b>3. trials</b>      | c. certain       |
| <b>4. heals</b>       | d. tests         |
| <b>5. suffering</b>   | e. comparable    |
| <b>6. benefits</b>    | f. collaborated  |
| <b>7. proof</b>       | g. let go        |
| <b>8. released</b>    | h. evidence      |
| <b>9. similar</b>     | i. participating |
| <b>10. convinced</b>  | j. experiencing  |

**3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- |  |                            |
|--|----------------------------|
| 1. teamed up                               | a. them medicine           |
| 2. The doctors will prescribe              | b. when we exercise        |
| 3. instead of giving                       | c. might feel better       |
| 4. If you're suffering from                | d. for our well-being      |
| 5. come to the museum and you              | e. visits                  |
| 6. A doctor who has a lot of experience in | f. in the 20th century     |
| 7. more and more scientific                | g. with a group of doctors |
| 8. These hormones are responsible          | h. proof                   |
| 9. hormones that are released              | i. helping to heal people  |
| 10. what physical activity was for health  | j. breast cancer           |

# GAP FILL

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

The Montreal Museum of Fine Arts in Canada has (1) \_\_\_\_\_ up with a group of doctors to help sick people. The doctors will (2) \_\_\_\_\_ visits to Montreal's art galleries, (3) \_\_\_\_\_ of giving them medicine. The museum is (4) \_\_\_\_\_ taking part in 10 trials on patients to find out what (5) \_\_\_\_\_ art has on health. The patients include people with breast cancer, eating (6) \_\_\_\_\_, epilepsy and mental health problems. Thomas Bastien, director of education and wellness at the museum, believes that art (7) \_\_\_\_\_. He said: "We saw that the museum was good for people, so we decided to start this program with the doctors. If you're (8) \_\_\_\_\_ from breast cancer, you could come to the museum and you might feel better."

*heals*  
*effect*  
*prescribe*  
*currently*  
*teamed*  
*disorders*  
*suffering*  
*instead*

A doctor who has a lot of experience in helping to (9) \_\_\_\_\_ people with art spoke about the (10) \_\_\_\_\_ of art therapy. Dr H el ene Boyer said: "There's more and more scientific (11) \_\_\_\_\_ that art therapy is good for your physical health." She said looking at art increases (12) \_\_\_\_\_ released in our bodies. These hormones are responsible for our well-being. Dr Boyer said visiting art galleries released the (13) \_\_\_\_\_ kinds of hormones that are released when we (14) \_\_\_\_\_. Nathalie Bondil, the museum's director-general, said physical activity and art gave (15) \_\_\_\_\_ health benefits. She said: "I am convinced that in the 21st century, [art] will be what physical (16) \_\_\_\_\_ was for health in the 20th century."

*proof*  
*similar*  
*heal*  
*same*  
*benefits*  
*activity*  
*hormones*  
*exercise*

# LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

- 1) Museum of Fine Arts in Canada has teamed up with a group of doctors to help \_\_\_\_\_
  - a. sickly people
  - b. sick people
  - c. sick peoples
  - d. sick peopled
- 2) doctors will prescribe visits to Montreal's art galleries, instead of giving \_\_\_\_\_
  - a. them medicine
  - b. then medicine
  - c. them medicines
  - d. them medicinal
- 3) The museum is currently taking part in 10 \_\_\_\_\_
  - a. trials on patients
  - b. trials some patients
  - c. trials some patients
  - d. trails on patients
- 4) people with breast cancer, eating disorders, epilepsy and mental \_\_\_\_\_
  - a. health problem
  - b. health problems
  - c. healthy problems
  - d. healthier problems
- 5) you could come to the museum and you \_\_\_\_\_
  - a. might feeling better
  - b. might feel better
  - c. might feels better
  - d. might feeler better
- 6) A doctor who has a lot of experience in helping to heal people with art spoke \_\_\_\_\_
  - a. about the benefits
  - b. about them benefits
  - c. about the benefit
  - d. about the beneficial
- 7) Dr Hélène Boyer said: "There's more and more \_\_\_\_\_"
  - a. scientific prove
  - b. scientific proof
  - c. scientific proofs
  - d. scientific proves
- 8) She said looking at art increases hormones released in \_\_\_\_\_
  - a. our bodice
  - b. our bodies
  - c. our abodes
  - d. our bodily
- 9) These hormones are responsible for \_\_\_\_\_
  - a. our well-been
  - b. our well be in
  - c. our well-being
  - d. our well-bean
- 10) art will be what physical activity was for health in \_\_\_\_\_
  - a. a 20th century
  - b. then 20th century
  - c. them 20th century
  - d. the 20th century

# LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

The Montreal Museum of Fine Arts in Canada has (1) \_\_\_\_\_ a group of doctors to help sick people. The doctors will prescribe visits to Montreal's art galleries, (2) \_\_\_\_\_ them medicine. The museum is currently (3) \_\_\_\_\_ 10 trials on patients to find out what effect art has on health. The patients include people with breast cancer, eating disorders, epilepsy (4) \_\_\_\_\_ problems. Thomas Bastien, director of education and wellness at the museum, believes that art heals. He said: "We saw that the museum (5) \_\_\_\_\_ people, so we decided to start this program with the doctors. If you're suffering from breast cancer, (6) \_\_\_\_\_ to the museum and you might feel better."

A doctor who (7) \_\_\_\_\_ of experience in helping to heal people with art spoke about (8) \_\_\_\_\_ art therapy. Dr H  l  ne Boyer said: "There's more and more (9) \_\_\_\_\_ art therapy is good for your physical health." She said looking at art increases hormones released in our bodies. These hormones are responsible for our well-being. Dr Boyer said visiting art galleries (10) \_\_\_\_\_ kinds of hormones that are released when we exercise. Nathalie Bondil, the museum's director-general, said physical (11) \_\_\_\_\_ gave similar health benefits. She said: "I am convinced that in the 21st century, [art] (12) \_\_\_\_\_ physical activity was for health in the 20th century."



# COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

1. What is the name of the museum?
2. How many trials are taking place?
3. What kinds of disorders were mentioned in the article?
4. What does the director of education and wellness believe art does?
5. How might you feel if you go to the museum?
6. Who is H el ene Boyer?
7. What did H el ene Boyer say there was more and more of?
8. What does looking at art increase in our body?
9. What did people compare art therapy to?
10. When did Nathalie Bondil say art therapy would be important?

# MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

- 1) What is the name of the museum?
  - a) Winnipeg Museum of Fine Arts
  - b) Montreal Museum of Fine Arts
  - c) Vancouver Museum of Fine Arts
  - d) Toronto Museum of Fine Arts
- 2) How many trials are taking place?
  - a) 8
  - b) 9
  - c) 10
  - d) 11
- 3) What kinds of disorders were mentioned in the article?
  - a) liver
  - b) heart
  - c) skin
  - d) eating
- 4) What does the director of education and wellness believe art does?
  - a) peels
  - b) heals
  - c) deals
  - d) meals
- 5) How might you feel if you go to the museum?
  - a) better
  - b) fantastic
  - c) on top of the world
  - d) down
- 6) Who is H el ene Boyer?
  - a) a doctor
  - b) a professor
  - c) an artist
  - d) a patient
- 7) What did H el ene Boyer say there was more and more of?
  - a) disorders
  - b) paintings
  - c) research papers
  - d) scientific proof
- 8) What does looking at art increase in our body?
  - a) blood cells
  - b) curiosity
  - c) hormones
  - d) brain cells
- 9) What did people compare art therapy to?
  - a) sleeping
  - b) walking
  - c) shock therapy
  - d) physical activity
- 10) When did Nathalie Bondil say art therapy would be important?
  - a) the 22nd century
  - b) this century
  - c) 2050
  - d) the 20th century

# ROLE PLAY

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

## **Role A – Jogging**

You think jogging is the best form of physical activity. Tell the others three reasons why. Tell them what is wrong with their activities. Also, tell the others which is the worst of these (and why): housework, shopping or weight training.

## **Role B – Housework**

You think housework is the best form of physical activity. Tell the others three reasons why. Tell them what is wrong with their activities. Also, tell the others which is the worst of these (and why): jogging, shopping or weight training.

## **Role C – Shopping**

You think shopping is the best form of physical activity. Tell the others three reasons why. Tell them what is wrong with their activities. Also, tell the others which is the worst of these (and why): housework, jogging or weight training.

## **Role D – Weight Training**

You think weight training is the best form of physical activity. Tell the others three reasons why. Tell them what is wrong with their activities. Also, tell the others which is the worst of these (and why): housework, shopping or jogging.

# AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'art' and 'therapy'.

art	therapy

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none"><li>• teamed</li><li>• visits</li><li>• part</li><li>• include</li><li>• believes</li><li>• feel</li></ul>	<ul style="list-style-type: none"><li>• lot</li><li>• more</li><li>• bodies</li><li>• same</li><li>• similar</li><li>• 20th</li></ul>
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# ART SURVEY

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

Write five GOOD questions about art in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# ART DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'art'?
3. What do you think of art?
4. Why is art so important to us?
5. Do you think art can be better than medicine?
6. How does art make you feel?
7. How could art help people with eating disorders?
8. What are your favourite museums and art galleries?
9. What art do you have in your home?
10. Is painting or looking at paintings better for our health?

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# ART DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'therapy'?
13. What do you think about what you read?
14. What is your favourite kind of art?
15. Would you try art therapy?
16. Do you think looking at art is as good as exercise?
17. Which is healthier, looking at art or looking at the countryside?
18. Is looking at art on the Internet as healthy as visiting an art gallery?
19. What other areas of culture are good for our health?
20. What questions would you like to ask the doctors?

## **DISCUSSION (Write your own questions)**

STUDENT A's QUESTIONS (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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## **DISCUSSION (Write your own questions)**

STUDENT B's QUESTIONS (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

The Montreal Museum of Fine Arts in Canada has teamed (1) \_\_\_\_\_ with a group of doctors to help sick people. The doctors will prescribe visits to Montreal's art galleries, instead (2) \_\_\_\_\_ giving them medicine. The museum is currently taking part in 10 trials on patients to find out what effect art has (3) \_\_\_\_\_ health. The patients (4) \_\_\_\_\_ people with breast cancer, eating disorders, epilepsy and mental health problems. Thomas Bastien, director of education and wellness at the museum, believes that art (5) \_\_\_\_\_. He said: "We saw that the museum was good for people, so we decided to start this program with the doctors. If you're suffering (6) \_\_\_\_\_ breast cancer, you could come to the museum and you might feel better."

A doctor who has a lot of experience in helping to heal people with art spoke about the (7) \_\_\_\_\_ of art therapy. Dr H  l  ne Boyer said: "There's more and more scientific (8) \_\_\_\_\_ that art therapy is good for your physical health." She said looking at art increases hormones released in our bodies. These hormones are (9) \_\_\_\_\_ for our well-being. Dr Boyer said visiting art galleries released the same kinds of hormones that are released (10) \_\_\_\_\_ we exercise. Nathalie Bondil, the museum's director-general, said physical activity and art gave (11) \_\_\_\_\_ health benefits. She said: "I am convinced that in the 21st century, [art] will be what physical activity (12) \_\_\_\_\_ for health in the 20th century."

## Put the correct words from the table below in the above article.

- |     |                |                    |                 |                 |
|-----|----------------|--------------------|-----------------|-----------------|
| 1.  | (a) on         | (b) up             | (c) in          | (d) at          |
| 2.  | (a) to         | (b) as             | (c) on          | (d) of          |
| 3.  | (a) as         | (b) by             | (c) on          | (d) of          |
| 4.  | (a) include    | (b) inclusion      | (c) including   | (d) inclusive   |
| 5.  | (a) heal       | (b) heals          | (c) healer      | (d) heels       |
| 6.  | (a) from       | (b) as             | (c) at          | (d) on          |
| 7.  | (a) benefactor | (b) beneficial     | (c) beneficiary | (d) benefits    |
| 8.  | (a) proof      | (b) proofer        | (c) prove       | (d) proofs      |
| 9.  | (a) responsive | (b) responsibility | (c) response    | (d) responsible |
| 10. | (a) why        | (b) that           | (c) when        | (d) of          |
| 11. | (a) simulate   | (b) summary        | (c) same        | (d) similar     |
| 12. | (a) been       | (b) was            | (c) has         | (d) done        |



# SPELLING

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

## Paragraph 1

1. The doctors will rseepibcr visits
2. Montreal's art earglsile
3. instead of giving them cmnieied
4. eating seirddros
5. director of taeodcuin
6. breast enrcac

## Paragraph 2

7. a lot of nexeripeec
8. spoke about the tinsfbee of art
9. more and more enticisfic proof
10. hormones are isobnrlspee for our well-being
11. in the 21st eurctny
12. lihscyap activity

# PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

**Number these lines in the correct order.**

- ( ) are responsible for our well-being. Dr Boyer said visiting art galleries released the same kinds of hormones that
- ( ) health. The patients include people with breast cancer, eating disorders, epilepsy and mental health
- ( **1** ) The Montreal Museum of Fine Arts in Canada has teamed up with a group of doctors to help sick
- ( ) people. The doctors will prescribe visits to Montreal's art galleries, instead of giving them
- ( ) A doctor who has a lot of experience in helping to heal people with art spoke about the benefits
- ( ) problems. Thomas Bastien, director of education and wellness at the museum, believes that art
- ( ) are released when we exercise. Nathalie Bondil, the museum's director-general, said physical
- ( ) start this program with the doctors. If you're suffering from breast cancer, you could come to the museum and you might feel better."
- ( ) activity and art gave similar health benefits. She said: "I am convinced that in the 21st
- ( ) medicine. The museum is currently taking part in 10 trials on patients to find out what effect art has on
- ( ) century, [art] will be what physical activity was for health in the 20th century."
- ( ) heals. He said: "We saw that the museum was good for people, so we decided to
- ( ) for your physical health." She said looking at art increases hormones released in our bodies. These hormones
- ( ) of art therapy. Dr H el ene Boyer said: "There's more and more scientific proof that art therapy is good

# PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

1. A people . group doctors of help sick to
2. museum part . The currently is taking
3. The cancer . patients with include breast people
4. to decided program start this We with doctors .
5. and you museum feel Come to the better .
6. a doctor has experience . lot who of A
7. your physical health . Art for good is therapy
8. well-being . our responsible for hormones are These
9. of released galleries hormones . kinds art Visiting the
10. Art for what activity be health . was will

# CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

The Montreal Museum of Fine Arts in Canada has *turned / teamed* up with a group of doctors to help *sick / sickness* people. The doctors will prescribe visits to Montreal's art galleries, instead *for / of* giving them medicine. The museum is *currency / currently* taking part in 10 *trials / trails* on patients to find out what effect art has *on / in* health. The patients include people with breast cancer, *eat-in / eating* disorders, epilepsy and mental health problems. Thomas Bastien, director of education and *well / wellness* at the museum, believes that art heals. He said: "We saw that the museum was good for people, so we *decide / decided* to start this program with the doctors. If you're suffering from breast cancer, you could come to the museum and you might *feel / feeling* better."

A doctor who has a *lot / lots* of experience in helping to heal people with art spoke about the *benefits / beneficial* of art therapy. Dr H el ene Boyer said: "There's more and more *science / scientific* proof that art therapy is good for your physical *health / healthy*." She said looking at art increases hormones released *in / on* our bodies. These hormones are responsible *as / for* our well-being. Dr Boyer said visiting art galleries released the *similar / same* kinds of hormones that are released when *we / they* exercise. Nathalie Bondil, the museum's director-general, said physical activity and art gave *similar / similarity* health benefits. She said: "I am convinced that in the 21st century, [art] will be *that / what* physical activity was for health in the 20th century."

**Talk about the connection between each pair of words in italics, and why the correct word is correct.**

# INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

Th\_ M\_ntr\_\_ l\_ M\_s\_\_ m \_f F\_n\_ A\_rts \_n C\_n\_d\_ h\_s t\_\_ m\_d \_p w\_th \_ gr\_\_ p \_f d\_c\_t\_r\_s t\_h\_l p\_s\_c\_k p\_\_ pl\_. Th\_ d\_c\_t\_r\_s w\_ll p\_r\_s\_c\_r\_b\_v\_s\_t\_s t\_ M\_ntr\_\_ l'\_s \_rt g\_ll\_r\_\_ s, \_n\_s\_t\_\_ d \_f g\_v\_n\_g t\_h\_m m\_d\_c\_n\_. Th\_ m\_s\_\_ m\_s c\_r\_r\_n\_t\_l\_y t\_k\_n\_g p\_r\_t \_n 10 tr\_\_ l\_s \_n p\_t\_\_ n\_t\_s t\_ f\_n\_d \_\_ t w\_h\_t \_f\_f\_c\_t \_rt h\_s \_n h\_\_ l\_th. Th\_ p\_t\_\_ n\_t\_s \_n\_c\_l\_d\_ p\_\_ pl\_ w\_th br\_\_ s\_t c\_n\_c\_r, \_\_ t\_n\_g d\_s\_r\_d\_r\_s, \_p\_l\_p\_s\_y \_n\_d m\_n\_t\_l h\_\_ l\_th p\_r\_b\_l\_m\_s. Th\_m\_s B\_s\_t\_\_ n, d\_r\_c\_t\_r \_f \_d\_c\_t\_\_ n \_n\_d w\_ll\_n\_s\_s \_t t\_h\_ m\_s\_\_ m, b\_l\_\_ v\_s t\_h\_t \_rt h\_\_ l\_s. H\_s\_\_ d: "W\_s\_w t\_h\_t t\_h\_ m\_s\_\_ m w\_s g\_\_ d f\_r p\_\_ pl\_, s\_w\_d\_c\_d\_d t\_s\_t\_r\_t t\_h\_s p\_r\_g\_r\_m w\_t\_h t\_h\_ d\_c\_t\_r\_s. I\_f y\_\_ 'r\_s \_f\_f\_r\_n\_g f\_r\_m br\_\_ s\_t c\_n\_c\_r, y\_\_ c\_\_ l\_d c\_m\_t\_ t\_h\_ m\_s\_\_ m \_n\_d y\_\_ m\_g\_h\_t f\_\_ l\_b\_t\_t\_r."

A d\_c\_t\_r w\_h\_ h\_s \_ l\_t \_f \_x\_p\_r\_\_ n\_c\_\_ n h\_l\_p\_n g t\_ h\_\_ l\_ p\_\_ pl\_ w\_th \_rt s\_p\_k\_ \_b\_\_ t t\_h\_ b\_n\_f\_t\_s \_f \_rt t\_h\_r\_p\_y. Dr H\_é\_l\_è\_n\_ B\_y\_r s\_\_ d: "Th\_r\_'s m\_r\_\_ n\_d m\_r\_ s\_c\_\_ n\_t\_f\_c p\_r\_\_ f t\_h\_t \_rt t\_h\_r\_p\_y \_s g\_\_ d f\_r y\_\_ r p\_h\_y\_s\_c\_l h\_\_ l\_th." S\_h\_ s\_\_ d l\_\_ k\_n\_g \_t \_rt \_n\_c\_r\_\_ s\_s h\_r\_m\_n\_s r\_l\_\_ s\_d \_n \_\_ r b\_d\_\_ s. Th\_s\_ h\_r\_m\_n\_s \_r\_r\_s\_p\_n\_s\_b\_l\_ f\_r \_\_ r w\_ll-b\_\_ n\_g. Dr B\_y\_r s\_\_ d v\_s\_t\_n\_g \_rt g\_ll\_r\_\_ s r\_l\_\_ s\_d t\_h\_ s\_m\_ k\_n\_d\_s \_f h\_r\_m\_n\_s t\_h\_t \_r\_r\_l\_\_ s\_d w\_h\_n w\_ \_x\_r\_c\_s\_. N\_t\_h\_l\_\_ B\_n\_d\_l, t\_h\_ m\_s\_\_ m'\_s d\_r\_c\_t\_r-g\_n\_r\_l, s\_\_ d p\_h\_y\_s\_c\_l \_c\_t\_v\_t\_y \_n\_d \_rt g\_v\_ s\_m\_l\_r h\_\_ l\_th b\_n\_f\_t\_s. S\_h\_ s\_\_ d: "I \_m c\_n\_v\_n\_c\_d t\_h\_t \_n t\_h\_ 21st c\_n\_t\_r\_y, [\_rt] w\_ll b\_ w\_h\_t p\_h\_y\_s\_c\_l \_c\_t\_v\_t\_y w\_s f\_r h\_\_ l\_th \_n t\_h\_ 20th c\_n\_t\_r\_y."

# PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

the montreal museum of fine arts in canada has teamed up with a group of doctors to help sick people the doctors will prescribe visits to montreal's art galleries instead of giving them medicine the museum is currently taking part in 10 trials on patients to find out what effect art has on health the patients include people with breast cancer eating disorders epilepsy and mental health problems thomas bastien director of education and wellness at the museum believes that art heals he said we saw that the museum was good for people so we decided to start this program with the doctors if you're suffering from breast cancer you could come to the museum and you might feel better

a doctor who has a lot of experience in helping to heal people with art spoke about the benefits of art therapy dr hline boyer said there's more and more scientific proof that art therapy is good for your physical health she said looking at art increases hormones released in our bodies these hormones are responsible for our wellbeing dr boyer said visiting art galleries released the same kinds of hormones that are released when we exercise nathalie bondil the museum's director general said physical activity and art gave similar health benefits she said i am convinced that in the 21st century art will be what physical activity was for health in the 20th century

## PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1810/181028-art-therapy.html>

The Montreal Museum of Fine Arts in Canada has teamed up with a group of doctors to help sick people. The doctors will prescribe visits to Montreal's art galleries, instead of giving them medicine. The museum is currently taking part in 10 trials on patients to find out what effect art has on health. The patients include people with breast cancer, eating disorders, epilepsy and mental health problems. Thomas Bastien, director of education and wellness at the museum, believes that art heals. He said: "We saw that the museum was good for people, so we decided to start this program with the doctors. If you're suffering from breast cancer, you could come to the museum and you might feel better." A doctor who has a lot of experience in helping to heal people with art spoke about the benefits of art therapy. Dr H  l  ne Boyers said: "There's more and more scientific proof that art therapy is good for your physical health." She said looking at art increases hormones released in our bodies. These hormones are responsible for our well-being. Dr Boyers said visiting art galleries released the same kinds of hormones that are released when we exercise. Nathalie Bondil, the museum's director-general, said physical activity and art gave similar health benefits. She said: "I am convinced that in the 21st century, [art] will be what physical activity was for health in the 20th century."







# HOMework

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

**3. ART:** Make a poster about art. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. HEALING:** Write a magazine article about the healing powers of art. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

**5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**6. LETTER:** Write a letter to an expert on art. Ask him/her three questions about it. Give him/her three of your opinions on how art can heal. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

# ANSWERS

## VOCABULARY (p.4)

1. c    2. d    3. a    4. e    5. f    6. b    7. g  
8. i    9. l    10. n    11. j    12. h    13. k    14. m

## TRUE / FALSE (p.5)

- a F    b F    c F    d T    e F    f T    g T    h T

## SYNONYM MATCH (p.5)

- |                |                  |
|----------------|------------------|
| 1. teamed up   | a. collaborated  |
| 2. taking part | b. participating |
| 3. trials      | c. tests         |
| 4. heals       | d. cures         |
| 5. suffering   | e. experiencing  |
| 6. benefits    | f. merits        |
| 7. proof       | g. evidence      |
| 8. released    | h. let go        |
| 9. similar     | i. comparable    |
| 10. convinced  | j. certain       |

## COMPREHENSION QUESTIONS (p.9)

1. Montreal Museum of Fine Arts
2. 10
3. Eating disorders
4. Heals
5. Better
6. A doctor
7. Scientific proof
8. Hormones
9. Physical activity
10. The 21st century

## WORDS IN THE RIGHT ORDER (p.20)

1. A group of doctors to help sick people.
2. The museum is currently taking part.
3. The patients include people with breast cancer.
4. We decided to start this program with doctors.
5. Come to the museum and you feel better.
6. A doctor who has a lot of experience.
7. Art therapy is good for your physical health.
8. These hormones are responsible for our well-being.
9. Visiting art galleries released the kinds of hormones.
10. Art will be what activity was for health.

## MULTIPLE CHOICE - QUIZ (p.10)

1. b    2. c    3. d    4. b    5. a    6. a    7. d    8. c    9. d    10. b

## ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.  
(It's good for your English ;-)