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Level 1

Man aims to swim across the Pacific Ocean

7th June, 2018

<https://breakingnewsenglish.com/1608/180607-pacific-ocean-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1608/180607-pacific-ocean-1.html>

A French man is swimming across the Pacific Ocean from Japan to the USA. Ben Lecomte, 51, set off on Tuesday. It will take him six months to swim the 9,000km. He will swim for eight hours a day. There will be many dangers, like sharks, storms, rough seas, and very cold water. He will also have to fight exhaustion, loneliness and injuries. Lecomte said the mental part was most important. He said: "You have to...always think about something positive."

Lecomte trained his body and mind for six years for this challenge. He swam in the sea every day. He is in top physical condition. He needs to be mentally strong. He is doing the swim to raise awareness of climate change, and the effects of plastic rubbish and the Fukushima nuclear disaster on the ocean. Scientists will check his body to see how so much exercise affects the heart. In 1998, he swam across the Atlantic. After that, he said: "Never again."

Sources: <http://www.bbc.com/news/world-asia-44358680>
<https://edition.cnn.com/2018/06/05/asia/cross-pacific-swim-intl/index.html>
<https://sports.yahoo.com/swimmer-faces-sharks-massive-garbage-patch-record-pacific-033021157--spt.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1608/180607-pacific-ocean-1.html>

PARAGRAPH ONE:

- | | |
|-------------------------------|-----------------------|
| 1. swimming across | a. was most important |
| 2. It will take him | b. hours a day |
| 3. He will swim for eight | c. positive |
| 4. There will be many | d. exhaustion |
| 5. very cold | e. six months |
| 6. He will also have to fight | f. dangers |
| 7. the mental part | g. water |
| 8. think about something | h. the Pacific |

PARAGRAPH TWO:

- | | |
|----------------------------------|--------------|
| 1. Lecomte trained his body | a. condition |
| 2. He swam in the sea | b. heart |
| 3. He is in top physical | c. awareness |
| 4. He needs to be mentally | d. disaster |
| 5. He is doing the swim to raise | e. and mind |
| 6. climate | f. strong |
| 7. the Fukushima nuclear | g. every day |
| 8. exercise affects the | h. change |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1608/180607-pacific-ocean-1.html>

A French man (1) _____ the Pacific Ocean from Japan to the USA. Ben Lecomte, 51, (2) _____ Tuesday. It will take him six months to swim the 9,000km. He (3) _____ eight hours a day. There will be many dangers, like sharks, storms, rough seas, (4) _____ water. He will also have to fight exhaustion, loneliness and injuries. Lecomte (5) _____ part was most important. He said: "You have to... (6) _____ something positive."

Lecomte trained his body (7) _____ six years for this challenge. He swam in the (8) _____. He is in top physical condition. He needs to be mentally strong. He is doing the (9) _____ awareness of climate change, and (10) _____ plastic rubbish and the Fukushima nuclear disaster on the ocean. Scientists will check his body to (11) _____ much exercise affects the heart. In 1998, he swam across the Atlantic. After (12) _____: "Never again."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1608/180607-pacific-ocean-1.html>

A Frenchman is swimming across the Pacific Ocean from Japan to the USA. Ben Lecomte, 51, set off on Tuesday. It will take him six months to swim the 19,000 km. He will swim for eight hours a day. There will be many dangers, like sharks, storms, rough seas, and very cold water. He will also have to fight exhaustion, loneliness and injuries. Lecomte said the mental part was the most important. He said: "You have to... always think about something positive." Lecomte trained his body and mind for six years for this challenge. He swam in the sea every day. He is in top physical condition. He needs to be mentally strong. He is doing the swim to raise awareness of climate change, and the effects of plastic rubbish and the Fukushima nuclear disaster on the ocean. Scientists will check his body to see how much exercise affects the heart. In 1998, he swam across the Atlantic. After that, he said: "Never again."

SWIMMING SURVEY

From <https://breakingnewsenglish.com/1608/180607-pacific-ocean-4.html>

Write five GOOD questions about swimming in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

