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Level 4

Big rise in self-harm among girls

21st October, 2017

<https://breakingnewsenglish.com/1710/171021-self-harm-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1710/171021-self-harm-4.html>

More and more teenage girls are suffering from self-harm. A study in a medical journal says more 13-16-year-old girls are self-harming. Researchers looked at data on nearly 17,000 patients. The researchers found there was a 68 per cent increase in self-harm among these girls over a three-year period. During the same period, rates for other teenage girls stayed constant. Self-harm rates for girls are three times higher than those for boys.

A professor of psychiatry said stress and psychological problems probably caused this rise. He said: "It's important to understand its underlying causes." A children's charity said self-harm can often be a sign of a bigger problem. It said services to help teenage girls at risk were vital. Without these, it can be a matter of life or death. Self-harm is one of the biggest signs of teenage suicide. Suicide is the second most common cause of death in under-25s.

Sources: <http://www.bbc.com/news/health-41671060>
<https://medicalxpress.com/news/2017-10-teenage-girls-self-harm-boys.html>
<https://www.newscientist.com/article/2150888-self-harm-in-teenage-girls-has-risen-dramatically-in-the-uk/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1710/171021-self-harm-4.html>

PARAGRAPH ONE:

- | | |
|---|--------------------|
| 1. More and more teenage girls are | a. increase |
| 2. A study in a medical | b. for girls |
| 3. data on nearly | c. suffering |
| 4. there was a 68 per cent | d. those for boys |
| 5. During the same | e. 17,000 patients |
| 6. rates for other teenage girls stayed | f. period |
| 7. Self-harm rates | g. constant |
| 8. three times higher than | h. journal |

PARAGRAPH TWO:

- | | |
|--------------------------------------|----------------------|
| 1. A professor of | a. a bigger problem |
| 2. psychological | b. charity |
| 3. It's important to understand its | c. problems |
| 4. A children's | d. or death |
| 5. self-harm can often be a sign of | e. psychiatry |
| 6. services to help teenage girls at | f. cause of death |
| 7. it can be a matter of life | g. risk were vital |
| 8. the second most common | h. underlying causes |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1710/171021-self-harm-4.html>

(1) _____ teenage girls are suffering from self-harm. A study in a (2) _____ more 13-16-year-old girls are self-harming. Researchers looked (3) _____ nearly 17,000 patients. The researchers found there was a 68 per cent increase in self-harm (4) _____ over a three-year period. During the same period, (5) _____ teenage girls stayed constant. Self-harm rates for girls are three times (6) _____ for boys.

A professor of psychiatry (7) _____ psychological problems probably (8) _____. He said: "It's important to understand its underlying causes." A children's charity said self-harm (9) _____ a sign of a bigger problem. It said services to help teenage girls at (10) _____. Without these, it can be a matter of life or death. Self-harm is one of (11) _____ of teenage suicide. Suicide is the second most common (12) _____ in under-25s.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1710/171021-self-harm-4.html>

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SELF-HARM SURVEY

From <https://breakingnewsenglish.com/1710/171021-self-harm-4.html>

Write five GOOD questions about self-harm in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

