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Level 1

Maori haka and language may keep dementia away

14th May, 2017

<http://www.breakingnewsenglish.com/1705/170514-maori-haka-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-1.html>

The Maori war dance (the haka) and being bilingual may help to keep dementia away. Researchers in New Zealand say doing the haka and speaking two languages might help Maoris avoid dementia. A study compared dementia among people in their 80s and 90s. Maoris have less health care, less income and more heart diseases than non-Maoris. However, researchers found no differences between Maoris and non-Maoris.

The haka is an old war cry. People chant and do an energetic dance. They stamp their feet. Warriors did it before battles to show their strength to their enemy. The famous All Blacks rugby team started using it before their matches in 1905. The All Blacks now do it before all the games they play. A Maori professor said that thinking about the difficult dance routines of the haka helps to keep the brain healthy.

Sources: <http://www.bbc.com/news/blogs-news-from-elsewhere-39881974>
<https://www.maoritelevision.com/news/national/kapa-haka-and-te-reo-maori-may-help-maori-avoid-dementia>
http://www.nzherald.co.nz/health/news/article.cfm?c_id=204&objectid=11853969

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-1.html>

PARAGRAPH ONE:

- | | |
|-----------------------------------|-------------------|
| 1. The Maori war | a. care |
| 2. being | b. in their 80s |
| 3. speaking two | c. diseases |
| 4. compared dementia among people | d. languages |
| 5. Maoris have less health | e. dance |
| 6. less | f. no differences |
| 7. more heart | g. bilingual |
| 8. researchers found | h. income |

PARAGRAPH TWO:

- | | |
|-------------------------------|-------------------|
| 1. The haka is an old war | a. healthy |
| 2. do an energetic | b. before battles |
| 3. They stamp their | c. dance |
| 4. Warriors did it | d. they play |
| 5. show their strength | e. cry |
| 6. do it before all the games | f. routines |
| 7. difficult dance | g. to their enemy |
| 8. keep the brain | h. feet |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-1.html>

The Maori war dance (the haka) and (1) _____ may help to keep dementia away. Researchers in New Zealand (2) _____ haka and speaking two languages might help Maoris avoid dementia. A (3) _____ dementia among (4) _____ and 90s. Maoris have less health care, (5) _____ and more heart diseases than non-Maoris. However, researchers found (6) _____ between Maoris and non-Maoris.

The haka (7) _____ war cry. People chant and do an energetic dance. They (8) _____. Warriors did it before battles to (9) _____ to their enemy. The famous All Blacks rugby team (10) _____ before their matches in 1905. The All Blacks (11) _____ all the games they play. A Maori professor said that thinking about the difficult dance (12) _____ haka helps to keep the brain healthy.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-1.html>

The Maori war dance (the haka) and being bilingual may help to keep dementia away. Researchers in New Zealand say doing the haka and speaking two languages might help Maoris avoid dementia. A study compared dementia among people in their 80s and 90s. Maoris have less healthcare, less income and more heart disease than non-Maoris. However, researchers found no differences between Maoris and non-Maoris. The haka is a bold war cry. People chant and do an energetic dance. They stamp their feet. Warriors did it before battle to show their strength to their enemy. The famous All Blacks rugby team started using it before their matches in 1905. The All Blacks now do it before all the games they play. A Maori professor said that thinking about the difficult dancer routines of the haka help to keep the brain healthy.

DEMENTIA SURVEY

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-4.html>

Write five GOOD questions about dementia in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

