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Level 3

Worries over eating disorders in Japan

27th April, 2016

<http://www.breakingnewsenglish.com/1604/160427-eating-disorders.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

A health group in Japan is worried about people with eating disorders. The Japan Society for Eating Disorders (JSED) said that most people who eat too much or too little do not receive any support. The JSED said hundreds of thousands of people have health problems because of being overweight or underweight. It said few of these people receive any medical help. The president of JSED, Dr. Toshio Ishikawa, said: "Hundreds of thousands of people are suffering in silence. There are very few services available to help people." He added: "It's often too late by the time the patient is seen in a hospital. Their condition is very severe. Sometimes they are even close to death."

The Japanese government said it was difficult to find out how many people are suffering with eating disorders. It said many women were too embarrassed to go to a doctor about eating problems. Some women do not want to admit they have a problem. Takanobu Matsuzaki of Japan's Ministry of Health said the government was trying to publish more information about eating disorders. He said: "We want to set up local systems of support where their illness can be picked up early, so people can be helped sooner." Statistics show that in 2014, only 10,000 people in Japan got treatment for eating disorders. This compared to 725,000 people in the United Kingdom, which has almost half the population of Japan.

Sources: <http://www.bbc.co.uk/news/health-36095287>
<https://www.sciencedaily.com/releases/2016/04/160420211132.htm>
http://www.upi.com/Health_News/2016/04/21/Study-Girls-schools-affect-risk-of-eating-disorder-diagnosis/8521461246064/

WARM-UPS

1. EATING DISORDERS: Students walk around the class and talk to other students about eating disorders. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

health / group / eating disorders / support / overweight / medical / silence / patient / government / embarrassed / admit / information / support / illness / treatment / Japan

Have a chat about the topics you liked. Change topics and partners frequently.

3. EATING: What can we do about these things? Complete this table with your partner(s). Change partners often and share what you wrote.

	Problems	Solutions
Eating too much		
Fast food		
Anorexia		
GM food		
Food safety		
Cholesterol		

4. BODY SHAPE: Students A **strongly** believe people care too much about their body shape; Students B **strongly** believe they don't. Change partners again and talk about your conversations.

5. FOOD: Rank these with your partner. Put the best things at the top. Change partners often and share your rankings.

- apples
- bread
- chocolate
- spaghetti
- sushi
- pizza
- spinach
- steak

6. HEALTH: Spend one minute writing down all of the different words you associate with the word "health". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

BEFORE READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- | | |
|---------------------------------------------------------------------------|-------|
| a. A society for eating disorders in Japan is worried. | T / F |
| b. The society said people with eating disorders in Japan get no support. | T / F |
| c. The society's president said millions of people are suffering. | T / F |
| d. The president said it's never too late to get to a hospital. | T / F |
| e. Japan knows how many people suffer from eating disorders. | T / F |
| f. The article said many women are embarrassed to go to the doctor. | T / F |
| g. The government wants to set up local support systems. | T / F |
| h. Just 50,000 people were treated for eating disorders in Japan in 2014. | T / F |

2. SYNONYM MATCH: Match the following synonyms from the article.

- | | |
|----------------|--------------|
| 1. worried | a. shy |
| 2. receive | b. help |
| 3. support | c. serious |
| 4. help | d. nearly |
| 5. severe | e. start |
| 6. embarrassed | f. concerned |
| 7. information | g. aid |
| 8. set up | h. diseases |
| 9. illnesses | i. get |
| 10. almost | j. details |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|---------------------------------------|------------------------|
| 1. A health group in Japan is worried | a. in silence |
| 2. few of these people receive | b. go to a doctor |
| 3. thousands of people are suffering | c. to death |
| 4. by the time the patient is | d. any medical help |
| 5. Sometimes they are even close | e. more information |
| 6. too embarrassed to | f. about people |
| 7. admit they | g. population of Japan |
| 8. publish | h. up local systems |
| 9. set | i. seen in a hospital |
| 10. almost half the | j. have a problem |

GAP FILL

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

A health (1) _____ in Japan is worried about people with eating disorders. The Japan Society for Eating Disorders (JSED) said that most people who eat too (2) _____ or too little do not receive any (3) _____. The JSED said hundreds of thousands of people have health problems because of (4) _____ overweight or underweight. It said (5) _____ of these people receive any medical help. The president of JSED, Dr. Toshio Ishikawa, said: "Hundreds of thousands of people are suffering in silence. There are very few services (6) _____ to help people." He added: "It's often too late by the time the (7) _____ is seen in a hospital. Their condition is very severe. Sometimes they are even (8) _____ to death."

support
few
patient
group
being
close
much
available

The Japanese government said it was (9) _____ to find out how many people are suffering with eating disorders. It said many women were too (10) _____ to go to a doctor about eating problems. Some women do not want to (11) _____ they have a problem. Takanobu Matsuzaki of Japan's Ministry of Health said the government was trying to (12) _____ more information about eating disorders. He said: "We want to set up (13) _____ systems of support where their illness can be picked up (14) _____, so people can be helped sooner." Statistics show that in 2014, only 10,000 people in Japan got (15) _____ for eating disorders. This compared to 725,000 people in the United Kingdom, which has almost (16) _____ the population of Japan.

local
embarrassed
difficult
half
publish
treatment
admit
early

LISTENING – Guess the answers. Listen to check.

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

- 1) A health group in Japan is worried about people _____
 - a. with eaten disorders
 - b. with eat-in disorders
 - c. with eating disorders
 - d. with eating in disorders
- 2) most people who eat too much or too little do not _____
 - a. received any support
 - b. receive any support
 - c. receives any support
 - d. receiving any support
- 3) Dr. Toshio Ishikawa said Hundreds of thousands of people are _____
 - a. suffering on silence
 - b. suffering silence
 - c. suffering in silent
 - d. suffering in silence
- 4) There are very few services available _____
 - a. too helpful people
 - b. two help people
 - c. to help people
 - d. too help people
- 5) Sometimes they are even _____
 - a. close to deaths
 - b. closed to death
 - c. closely to death
 - d. close to death
- 6) The Japanese government said it was difficult to find out how many _____
 - a. people are suffering
 - b. people are sufferance
 - c. people are suffers in
 - d. people are suffering in
- 7) It said many women were _____
 - a. too embarrassment
 - b. too embarrassed
 - c. too embarrassing
 - d. too embarrasses
- 8) Japan's Ministry of Health said the government was trying to _____
 - a. publishes more information
 - b. publish most information
 - c. publishes most information
 - d. publish more information
- 9) where their illness can be picked up early, so people can _____
 - a. be helped soon
 - b. be helped sooner
 - c. be help soonish
 - d. be help sooner
- 10) This compared to 725,000 people in the United Kingdom, which has almost half the _____
 - a. populations of Japan
 - b. populated of Japan
 - c. populate of Japan
 - d. population of Japan

LISTENING – Listen and fill in the gaps

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

A health group in Japan is worried (1) _____ eating disorders. The Japan Society for Eating Disorders (JSED) said that most people who eat too much (2) _____ do not receive any support. The JSED said hundreds (3) _____ people have health problems because of being overweight or underweight. It said few of these (4) _____ medical help. The president of JSED, Dr. Toshio Ishikawa, said: "Hundreds of thousands of people are suffering in silence. There are very few (5) _____ to help people." He added: "It's often too late by the time the patient is seen in a hospital. Their condition is very severe. Sometimes they (6) _____ to death."

The Japanese government said it was difficult (7) _____ many people are suffering with eating disorders. It said many women were too embarrassed (8) _____ about eating problems. Some women do not want to (9) _____ a problem. Takanobu Matsuzaki of Japan's Ministry of Health said the government was trying to publish more information about eating disorders. He said: "We want to set (10) _____ of support where their illness can be picked up early, so people can (11) _____." Statistics show that in 2014, only 10,000 people in Japan got treatment for eating disorders. This compared to 725,000 people in the United Kingdom, which has almost half (12) _____ Japan.

COMPREHENSION QUESTIONS

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

1. What kind of group is worried?

2. How many people might have eating disorders in Japan?

3. What position does Dr Ishikawa have in the group JSED?

4. What does the article say people are suffering in?

5. What did a doctor say some people are close to?

6. How do many women feel about seeing a doctor?

7. What do some women not want to admit?

8. Which Japanese ministry does Takanobu Matsuzaki work for?

9. How many people were treated for eating disorders in Japan in 2014?

10. How many people were treated for eating disorders in the UK in 2014?

MULTIPLE CHOICE - QUIZ

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

1. What kind of group is worried?
 - a) a healthy group
 - b) a group of patients
 - c) a health group
 - d) a restaurant group
2. How many people might have eating disorders in Japan?
 - a) hundreds of thousands
 - b) 28,982
 - c) 10,000
 - d) 725,000
3. What position does Dr Ishikawa have in the group JSED?
 - a) president
 - b) human resources
 - c) health advisor
 - d) accountant
4. What does the article say people are suffering in?
 - a) bed
 - b) silence
 - c) the dark
 - d) hospital
5. What did a doctor say some people are close to?
 - a) a doctor
 - b) hospital
 - c) food
 - d) death
6. How do many women feel about seeing a doctor?
 - a) bored
 - b) embarrassed
 - c) upset
 - d) angry
7. What do some women not want to admit?
 - a) that they have a problem
 - b) that they dislike their body
 - c) that they love pizza
 - d) that they joined JSED
8. Which Japanese ministry does Takanobu Matsuzaki work for?
 - a) welfare
 - b) transport
 - c) health
 - d) pensions
9. How many people were treated for eating disorders in Japan in 2014?
 - a) 65,984
 - b) hundreds of thousands
 - c) 725,000
 - d) 10,000
10. How many people were treated for eating disorders in the UK in 2014?
 - a) 725,000
 - b) hundreds of thousands
 - c) 10,000
 - d) 65,984

ROLE PLAY

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

Role A – Steak

You think steak is best. Tell the others three reasons why. Tell them things that are wrong with their food. Also, tell the others which is the worst of these (and why): apples, bread or spinach.

Role B – Apples

You think apples are best. Tell the others three reasons why. Tell them things that are wrong with their food. Also, tell the others which is the worst of these (and why): steak, bread or spinach.

Role C – Bread

You think bread is best. Tell the others three reasons why. Tell them things that are wrong with their food. Also, tell the others which is the worst of these (and why): apples, steak or spinach.

Role D – Spinach

You think spinach is best. Tell the others three reasons why. Tell them things that are wrong with their food. Also, tell the others which is the worst of these (and why): apples, bread or steak.

AFTER READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'health' and 'group'.

health	group
---------------	--------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• worried• much• few• silence• available• even	<ul style="list-style-type: none">• difficult• embarrassed• admit• publish• early• half
---------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------

EATING DISORDERS SURVEY

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

Write five GOOD questions about eating disorders in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

EATING DISORDERS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1) What did you think when you read the headline?
- 2) What springs to mind when you hear the word 'eating'?
- 3) What do you think about what you read?
- 4) What do you know about eating disorders?
- 5) How much pressure is there for people to be thin?
- 6) What are the problems of being overweight?
- 7) What support do people with eating disorders need?
- 8) Why do people with eating disorders suffer in silence?
- 9) Should magazines use more models of different sizes?
- 10) What problems do you have with your weight?

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EATING DISORDERS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- 11) Did you like reading this article? Why/not?
- 12) Are eating disorders more of a problem for men or women?
- 13) Why might women be embarrassed to see a doctor?
- 14) What makes people want to be so thin?
- 15) Why do people think thin is good?
- 16) What are the problems of being underweight?
- 17) What should the government do to help people with eating disorders?
- 18) Should governments stop advertising on fast food?
- 19) Will eating disorders disappear in the future?
- 20) What questions would you like to ask the researchers?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

A health group in Japan is (1) _____ about people with eating disorders. The Japan Society for Eating Disorders (JSED) said that most people who eat too much or too little do not receive any (2) _____. The JSED said hundreds of thousands of people have health problems because of (3) _____ overweight or underweight. It said few of these people receive any medical help. The president of JSED, Dr. Toshio Ishikawa, said: "Hundreds of thousands of people are suffering in (4) _____. There are very few services available (5) _____ help people." He added: "It's often too late by the time the patient is seen in a hospital. Their condition is very (6) _____. Sometimes they are even close to death."

The Japanese government said it was difficult to find (7) _____ how many people are suffering with eating disorders. It said many women were too embarrassed (8) _____ go to a doctor about eating problems. Some women do not want to (9) _____ they have a problem. Takanobu Matsuzaki of Japan's Ministry of Health said the government was (10) _____ to publish more information about eating disorders. He said: "We want to set up local systems of support where their illness can be picked (11) _____ early, so people can be helped sooner." Statistics show that in 2014, only 10,000 people in Japan got treatment for eating disorders. This compared to 725,000 people in the United Kingdom, which has (12) _____ half the population of Japan.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|--------------|--------------|-------------|-------------|
| 1. | (a) worried | (b) worrier | (c) worries | (d) worry |
| 2. | (a) spirit | (b) sport | (c) support | (d) spats |
| 3. | (a) been | (b) begin | (c) being | (d) bring |
| 4. | (a) silences | (b) silently | (c) silent | (d) silence |
| 5. | (a) as | (b) at | (c) to | (d) for |
| 6. | (a) several | (b) severe | (c) sever | (d) server |
| 7. | (a) in | (b) out | (c) up | (d) to |
| 8. | (a) on | (b) to | (c) by | (d) of |
| 9. | (a) remit | (b) commit | (c) admit | (d) mitten |
| 10. | (a) try | (b) tried | (c) trial | (d) trying |
| 11. | (a) from | (b) down | (c) along | (d) up |
| 12. | (a) moats | (b) mostly | (c) most | (d) almost |

SPELLING

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

Paragraph 1

1. iwrredo about people
2. do not cerveei any support
3. hundreds of tushoasnd of people
4. problems because of being igehwroetv
5. suffering in cienlse
6. the epaintt is seen in a hospital

Paragraph 2

7. find out how many people are uenirfsfg
8. women were too edrbaersmas
9. luhbisp more information
10. set up local stsymes of support
11. 10,000 people in Japan got nttrteaem
12. almost half the aolupopnti of Japan

PUT THE TEXT BACK TOGETHER

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

Number these lines in the correct order.

- () "We want to set up local systems of support where their illness can be picked up early, so people can be
- () hospital. Their condition is very severe. Sometimes they are even close to death."
- () Ministry of Health said the government was trying to publish more information about eating disorders. He said:
- () to help people." He added: "It's often too late by the time the patient is seen in a
- () with eating disorders. It said many women were too embarrassed to go to a doctor
- () about eating problems. Some women do not want to admit they have a problem. Takanobu Matsuzaki of Japan's
- () of thousands of people have health problems because of being overweight or underweight. It said few of
- () helped sooner." Statistics show that in 2014, only 10,000 people in Japan got treatment for eating disorders. This
- (**1**) A health group in Japan is worried about people with eating disorders. The Japan Society for Eating Disorders (JSED)
- () thousands of people are suffering in silence. There are very few services available
- () these people receive any medical help. The president of JSED, Dr. Toshio Ishikawa, said: "Hundreds of
- () said that most people who eat too much or too little do not receive any support. The JSED said hundreds
- () compared to 725,000 people in the United Kingdom, which has almost half the population of Japan.
- () The Japanese government said it was difficult to find out how many people are suffering

PUT THE WORDS IN THE RIGHT ORDER

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

1. of have Hundreds people of problems thousands health .

2. said few of these people receive any medical help It .

3. are services help There few to very available people .

4. by late too often It's seen is patient the time the .

5. death to close even are they Sometimes .

6. to difficult was It suffering are people many how out find .

7. to Many too go doctor were to a women embarrassed .

8. admit to want not do women Some problem a have they .

9. support want up of We set systems to local .

10. Japan 10,000 only In got people , 2014 treatment in .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

A health *grouped / group* in Japan is worried about people with eating disorders. The Japan Society for Eating Disorders (JSED) said that most people who eat too much or too *small / little* do not receive *no / any* support. The JSED said hundreds of thousands *by / of* people have health problems because of *being / been* overweight or underweight. It said few of these people receive any medical *helping / help*. The president of JSED, Dr. Toshio Ishikawa, said: "Hundreds of thousands of people are *suffer / suffering* in silence. There are very few services *available / availability* to help people." He added: "It's often too late by the *time / timely* the patient is seen in a hospital. Their condition is very severe. Sometimes they are even close *for / to* death."

The Japanese government said it was *difficulty / difficult* to find out how many people are suffering *with / as* eating disorders. It said many women were too *embarrassing / embarrassed* to go to a doctor about eating problems. Some women do not want to *admit / remit* they have a problem. Takanobu Matsuzaki of Japan's Ministry of Health said the government was *trying / trial* to publish more information about eating disorders. He said: "We want to set up *local / locally* systems of support where their illness can be picked *down / up* early, so people can be helped sooner." Statistics show that in 2014, only 10,000 people in Japan *got / get* treatment for eating disorders. This compared to 725,000 people *in / on* the United Kingdom, which has almost half *the / a* population of Japan.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

__ h __ lth gr __ p __ n J __ p __ n __ s w __ rr __ d __ b __ t p __ pl __ w __ th
__ t __ ng d __ s __ rd __ rs. Th __ J __ p __ n S __ c __ ty f __ r __ t __ ng
D __ s __ rd __ rs (JS __ D) s __ d th __ t m __ st p __ pl __ wh __ __ t t __
m __ ch __ r t __ l __ ttl __ d __ n __ t r __ c __ v __ ny s __ pp __ rt. Th __
JS __ D s __ d h __ ndr __ ds __ f th __ s __ nds __ f p __ pl __ h __ v __
h __ lth pr __ bl __ ms b __ c __ s __ __ f b __ ng __ v __ rw __ ght __ r
__ nd __ rw __ ght. __ t s __ d f __ w __ f th __ s __ p __ pl __ r __ c __ v __ ny
m __ d __ c __ l h __ lp. Th __ pr __ s __ d __ nt __ f JS __ D, Dr. T __ sh __
__ sh __ k __ w __ , s __ d: "H __ ndr __ ds __ f th __ s __ nds __ f p __ pl __ __ r __
s __ ff __ r __ ng __ n s __ l __ nc __ . Th __ r __ __ r __ v __ ry f __ w __ s __ rv __ c __ s
__ v __ l __ bl __ t __ h __ lp p __ pl __ ." H __ dd __ d: " __ t 's __ ft __ n __ t __
l __ t __ by th __ t __ m __ th __ p __ t __ nt __ s __ s __ n __ n __ h __ sp __ t __ l __ .
Th __ r __ c __ nd __ t __ n __ s __ v __ ry s __ v __ r __ . S __ m __ t __ m __ s th __ y __ r __
__ v __ n __ cl __ s __ t __ d __ th __ ."

Th __ J __ p __ n __ s __ g __ v __ rnm __ nt s __ d __ t __ w __ s __ d __ ff __ c __ lt __ t __
f __ nd __ __ t __ h __ w __ m __ ny p __ pl __ __ r __ s __ ff __ r __ ng w __ th __ __ t __ ng
d __ s __ rd __ rs. __ t s __ d m __ ny w __ m __ n w __ r __ t __ __ mb __ rr __ ss __ d
t __ g __ t __ __ d __ ct __ r __ b __ t __ __ t __ ng pr __ bl __ ms. S __ m __ w __ m __ n
d __ n __ t w __ nt t __ __ dm __ t th __ y h __ v __ __ pr __ bl __ m. T __ k __ n __ b __
M __ ts __ z __ k __ __ f J __ p __ n 's M __ n __ stry __ f H __ lth s __ d th __
g __ v __ rnm __ nt w __ s try __ ng t __ p __ bl __ sh m __ r __ __ nf __ rm __ t __ n
__ b __ t __ __ t __ ng d __ s __ rd __ rs. H __ s __ d: "W __ w __ nt t __ s __ t __ p
l __ c __ l syst __ ms __ f s __ pp __ rt wh __ r __ th __ r __ lln __ ss c __ n b __
p __ ck __ d __ p __ r __ ly, s __ p __ pl __ c __ n b __ h __ lp __ d __ s __ n __ r __ ."
St __ t __ st __ cs sh __ w th __ t __ n 2014, __ nly 10,000 p __ pl __ __ n
J __ p __ n g __ t tr __ tm __ nt f __ r __ t __ ng d __ s __ rd __ rs. Th __ s
c __ mp __ r __ d t __ 725,000 p __ pl __ __ n th __ __ n __ t __ d K __ ngd __ m,
wh __ ch h __ s __ l __ m __ st h __ lf th __ p __ p __ l __ t __ n __ f J __ p __ n .

PUNCTUATE THE TEXT AND ADD CAPITALS

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

a health group in japan is worried about people with eating disorders the japan society for eating disorders (jsed) said that most people who eat too much or too little do not receive any support the jsed said hundreds of thousands of people have health problems because of being overweight or underweight it said few of these people receive any medical help the president of jsed dr toshio ishikawa said "hundreds of thousands of people are suffering in silence there are very few services available to help people" he added "it's often too late by the time the patient is seen in a hospital their condition is very severe sometimes they are even close to death"

the japanese government said it was difficult to find out how many people are suffering with eating disorders it said many women were too embarrassed to go to a doctor about eating problems some women do not want to admit they have a problem takanobu matsuzaki of japan's ministry of health said the government was trying to publish more information about eating disorders he said "we want to set up local systems of support where their illness can be picked up early so people can be helped sooner" statistics show that in 2014 only 10000 people in japan got treatment for eating disorders this compared to 725000 people in the united kingdom which has almost half the population of japan

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

A health group in Japan is worried about people with eating disorders. The Japan Society for Eating Disorders (JSED) said that most people who eat too much or too little do not receive any support. The JSED said hundreds of thousands of people have health problems because of being overweight or underweight. It said few of these people receive any medical help. The president of JSED, Dr. Toshio Ishikawa, said: "Hundreds of thousands of people are suffering in silence. There are very few services available to help people." He added: "It's so late by the time the patient is seen in a hospital. Their condition is very severe. Sometimes they are even close to death." The Japanese government said it was difficult to find out how many people are suffering with eating disorders. It said many women were too embarrassed to go to a doctor about eating problems. Some women do not want to admit they have a problem. Takanobu Matsuzaki of Japan's Ministry of Health said the government was trying to publish more information about eating disorders. He said: "We want to set up local systems of support where their illness can be picked up early, so people can be helped sooner." Statistics show that in 2014, only 10,000 people in Japan got treatment for eating disorders. This compared to 725,000 people in the United Kingdom, which has almost half the population of Japan.

ACADEMIC WRITING

From <http://www.BreakingNewsEnglish.com/1604/160427-eating-disorders.html>

Companies should use people of all sizes in their advertising. Discuss.

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about eating disorders. Share what you discover with your partner(s) in the next lesson.

3. EATING DISORDERS: Make a poster about eating disorders. Show your work to your classmates in the next lesson. Did you all have similar things?

4. MODELS: Write a magazine article about the need for all sizes of models in magazines and on TV. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on eating disorders. Ask him/her three questions about eating disorders. Give him/her three of your ideas on how to help people. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

TRUE / FALSE (p.4)

a T b T c F d F e F f T g T h F

SYNONYM MATCH (p.4)

- | | |
|----------------|--------------|
| 1. worried | a. concerned |
| 2. receive | b. get |
| 3. support | c. help |
| 4. help | d. aid |
| 5. severe | e. serious |
| 6. embarrassed | f. shy |
| 7. information | g. details |
| 8. set up | h. start |
| 9. illnesses | i. diseases |
| 10. almost | j. nearly |

COMPREHENSION QUESTIONS (p.8)

1. A health group
2. Hundreds of thousands
3. President
4. Silence
5. Death
6. Embarrassed
7. Having a problem
8. The Health Ministry
9. 10,000
10. 725,000

MULTIPLE CHOICE - QUIZ (p.9)

1. c 2. a 3. a 4. b 5. d 6. b 7. a 8. c 9. d 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)