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Level 0 – 18th April 2024

Seafood could have higher levels of 'forever chemicals'

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-0.html>

High levels of "forever chemicals" may be in seafood.

Forever chemicals are man-made. They stay in our blood and lead to health problems like cancer and kidney problems.

Researchers said we need safety guidelines, especially for things like prawns and lobster. People who love seafood may have to change what they eat.

Forever chemicals are found in food packaging and food containers. The chemicals are now in our food chain. A professor wants people to be aware of the risks, and to understand more about what is in the food we eat. She said:

"Our recommendation isn't to not eat seafood."

Sources: <https://scitechdaily.com/dartmouth-research-uncovers-hidden-dangers-in-popular-seafoods/>
<https://www.newsweek.com/warning-toxic-forever-chemical-risk-seafood-diet-1889465>
<https://link.springer.com/article/10.1007/s12403-024-00640-w>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-0.html>

PARAGRAPH ONE:

- | | |
|--------------------------|-----------------|
| 1. Forever chemicals are | a. problems |
| 2. They stay in our | b. love seafood |
| 3. health problems | c. blood |
| 4. kidney | d. they eat |
| 5. we need safety | e. and lobster |
| 6. things like prawns | f. man-made |
| 7. People who | g. guidelines |
| 8. change what | h. like cancer |

PARAGRAPH TWO:

- | | |
|--------------------------------------|----------------------|
| 1. Forever chemicals are found | a. food we eat |
| 2. food | b. chain |
| 3. The chemicals are now in our food | c. not eat seafood |
| 4. A professor wants | d. of the risks |
| 5. be aware | e. containers |
| 6. understand | f. people |
| 7. what is in the | g. more |
| 8. Our recommendation isn't to | h. in food packaging |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-0.html>

(1) _____ "forever chemicals" may be in seafood.

Forever chemicals (2) _____. They stay in our

blood (3) _____ health problems like cancer and

kidney problems. Researchers said (4) _____

guidelines, especially (5) _____ prawns and

lobster. People who love seafood may have to

(6) _____ eat.

Forever (7) _____ in food packaging and food

containers. The chemicals (8) _____ our food

chain. A professor wants people (9) _____ of the

risks, and to understand (10) _____ is in the

(11) _____. She said: "Our recommendation isn't

(12) _____ seafood."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-0.html>

High levels of "forever chemicals" may be in seafood. Forever chemicals are
remains-made. They stay in our blood and lead to health problems like cancer
and kidney problems. Researchers said we need safety guidelines, especially
for things like prawns and lobster. People who love seafood may
have to change what they eat. Forever chemicals are found in food packa
ging and food containers. The chemicals are now in our food chain. A profes
sor wants people to be aware of the risks, and to understand more about
what is in the food we eat. She said: "Our recommendation is not to eat
seafood."

SEAFOOD SURVEY

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-0.html>

Write five GOOD questions about seafood in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

